

# What do the findings tell us?

## Adults:

Good process = Good outcomes

# 2x

Personal budget holders who said their views were included in the process were nearly twice as likely to report good outcomes

# 3x

Those that found the process easy were nearly three times more likely to report good outcomes



Personal budget holders who used their budget for personal assistants or community-based solutions were more likely to report better outcomes than those who used their budget on traditional services



Carers who said their views were included in the process were significantly more likely to report better outcomes



People were also more likely to report good outcomes if they had help to plan their support and if they could say how much money was in their budget

But these factors made very little difference to outcomes:



Personal factors such as gender, ethnicity, age or social care group



Type of personal budget direct payment, council managed or individual service fund

At least two thirds of respondents said their personal budget had made things better or a lot better in 11 of the 15 areas of life we asked about:

- Dignity in support
- Independence
- Arranging support
- Friendships
- Quality of life
- Mental health



- Control over life
- Feeling safe
- Family relationships
- Paid relationships
- Self-esteem

# 80%+

said a personal budget had made things better or a lot better when it came to dignity in support and quality of life



More than two thirds of carers said that as a result of the person they care for having a personal budget things had got better or a lot better in three of the eight aspects we asked about (remain well and continue caring, quality of life for them and the person being cared for)