

Personal Health Budgets for Children and Young People

Jemma Mindham, Volunteering Matters
Jo Goodison, Derbyshire CCGs

Erewash CCG
Hardwick CCG
North Derbyshire CCG
Southern Derbyshire CCG



TLAP and Personal Health Budgets for CYP

Partnership Pilot:

- NDTi (National Development Team for Inclusion); TLAP (Think Local Act Personal); CCGs in Derbyshire, Plymouth and Hampshire
- ***Develop and demonstrate person centred transition planning that also combines the use of personal health budgets for young people with complex needs moving into adulthood, as part of a personalised support offer, with the aim of improving life chances.***

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Derbyshire CCGs

Complex programme:

- 4 CCGs covering Derbyshire, 1 County Council and 1 city Council
- Wanted to learn about PHBs and person centred planning as well as help families to engage
- Decision to work as one and employ a Project Co-Ordinator (now a permanent post)

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Promotion and Identification

- Challenging!
- Project Steering Group
- Included VCSE orgs – supported by the Gearing Up NHSE programme
- 2 VCSE orgs identified families
- Leaflets
- Engagement Day for families
- Self-selection

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Key Learning - Identification

- VCSE partnership crucial to success – trust, knowledge
- Prevention, not just current need
- PHBs as part of Local Offer
- Case Studies
- Ambassadors

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Person Centered Planning

- Lengthy process!
- Self-selection by families initially – from 5 to 3
- Gathering all parties together for planning days
- Ensuring young person is at centre
- Ensuring family understand

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Learning - PCP

- Takes longer than expected!
- Dedicated post essential
- Complex process as working across professions
- Promote! Won't happen organically.
- Culture shift (for families and professionals)
- Frustration of families

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Result

- 5 families with PCPs
- Think outside the box!

Family A - Young woman age 23. Severe learning and communication difficulties. Curvature of the spine
Aim of PHB = Manage/reduce behaviour that challenges.
Reduce GP contact and use of other services
Support planning completed – PHB in place,
Sensory lamp equipment & Inflatable hot tub purchased

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Result – further support

- 2 families requiring support to think outside the box and ensure young person's voice is central
- Volunteering Matters engagement – advocacy

Family B - Young girl age 14. Severe learning disabilities. Global development delays. Renal transplant. PHB Aims = Weight loss to improve health. Support planning completed. Work with family regarding best way to access exercise;

Family E - Young boy age 15. Duchenne muscular dystrophy. PHB Aim = Improve independence. HOW?

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Top Tips

**Treat the process as a project – then make it
'business as usual'**

**Plan implementation from a people point of view
Workforce Development – cultural shift**

Don't underestimate time it takes to do properly

**Take risks – be creative about solutions for young
people**

**About the bigger picture, NOT about getting a
service**

VCSE central to process – trust, knowledge

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