

# Partners in Health Leadership Programme



Partners in Health is a leadership programme that brings together people who have long term health conditions, their families and people who support them through their work in all areas of health, to effect positive change in their local area. This includes enabling peer-to-peer support, influencing local services and policy, and keeping people central to decisions about their own health care and wellbeing.

From April 2014, people eligible for 'continuing healthcare' have had the right to ask for a personal health budget. From April 2015, this right extended as an option for people with long term physical and mental health conditions.

We know from national evaluation that the impact of personal health budgets depends on effective implementation and a significant change in culture. This requires real collaboration between commissioners, clinicians and recipients.

Drawing on our internationally acclaimed Partners in Policymaking courses, In Control can provide a bespoke leadership programme that enables these stakeholders to work together to bring about real sustainable change.

*"We are almost at the end of the Partners in Health course in Hull and I can honestly say that it has had a profound impact on all participants. Watching the transformation of disheartened and disillusioned family members into confident, inspired and positive individuals has been overwhelming. As was witnessing the dynamic between the individuals and professionals completely change. They have all been on a journey together and I have every confidence that this is just the start of some very positive things to come."*

Stuart Lane,  
Personal Health Budgets  
Project Manager, City  
Health Care Partnership Hull

[www.in-control.org.uk](http://www.in-control.org.uk)

## What's on offer?



Partners in Health is a course consisting of five, two-day sessions. It is aimed at people with disabilities or long term health needs, family carers, and professionals, including commissioners, providers and clinicians. The sessions strike the right balance between information, inspiration and discussion and debate on key issues.

The course will cover:

- The history of NHS provision in long term health support. The changing perceptions of health, disability and long term health, and why things are the way they are.
- Current context and best practice around personal health budgets and self-directed support - who does what within the health and social care systems and what is working and not working from all stakeholder perspectives.
- Self-direction and how to develop person-centred approaches to support and health care planning and how to support others to self-direct.
- How to move things forward including national and local policy context, pathway provisions and learning about change management, culture change and making positive change happen on a local and national level.

Outcomes:

Programme outcomes include:

- A culture shift by bringing individuals and a variety of professionals and frontline staff together to work in a positive, co-productive way.
- An investment in peer support and partners in local policymaking by establishing a network of champions and advocates actively working together to help effect positive change within their local health care organisations, communities and on a national level.
- Enabling people to plan a better future by providing people with the right skills, knowledge and confidence to plan a better future and ensure they have greater choice, flexibility and control over their health care and wellbeing needs.
- Enabling people to plan better support through best practice examples of local policy, pathways and practice to support the new agenda in the NHS.
- Increased knowledge about how the health and social care systems work, including what 'good support' looks like and how this all relates politically and in practice.
- Inspired and motivated participants, committed to making real change happen on the ground.

This programme is bespoke, tailored to the needs of each locality.

Please contact us on 01562 821 650 or email [health@in-control.org.uk](mailto:health@in-control.org.uk)

## To find out more...

Please visit [www.in-control.org.uk/health](http://www.in-control.org.uk/health) for more information on health work, and [www.in-control.org.uk/what-we-do/partners-in-policymaking](http://www.in-control.org.uk/what-we-do/partners-in-policymaking) to find out more about our other family leadership courses operating under Partners in Policymaking.

## What else is on offer from In Control?

For more information about our other support programmes and services, visit: [www.in-control.org.uk/what-we-do](http://www.in-control.org.uk/what-we-do)