






The Outcome Sequence

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| Step | 1 |  | What matters, who matters and where matters to the person (and aspirations where appropriate). |
| Step | 2 |  | What is working and not working now? |
| Step | 3 |  | What is the positive change you want to see?
(This could be either changing what is not working or moving towards an aspiration) |
| Step | 4 |  | Make this into a specific outcome. |
| Step | 5 |  | Now check it:
Can we measure it? Do we know the starting point?
Is it achievable?
Does it keep or build on what is working?
Does it change what is not working?
Does it move us closer to the person's positive change/aspiration?
Where there is assessed need, does the outcome meet it?
Is it in everyday language, and not expressed from a service perspective? |