

Personal Health Budgets for Children and Young People

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Erewash CCG
Hardwick CCG
North Derbyshire CCG
Southern Derbyshire CCG



TLAP and Personal Health Budgets for CYP

Partnership Pilot:

- NDTi (National Development Team for Inclusion); TLAP (Think Local Act Personal); CCGs in Derbyshire, Plymouth and Hampshire
- ***Develop and demonstrate person centred transition planning that also combines the use of personal health budgets for young people with complex needs moving into adulthood, as part of a personalised support offer, with the aim of improving life chances.***

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Derbyshire CCGs

Complex programme:

- 4 CCGs covering Derbyshire, 1 County Council and 1 city Council
- Wanted to learn about PHBs and person centred planning as well as help families to engage
- Decision to work as one and employ a Project Co-Ordinator (now a permanent post)

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Promotion and Identification

- Challenging!
- Project Steering Group
- Included VCSE orgs – supported by the Gearing Up NHSE programme
- 2 VCSE orgs identified families
- Leaflets
- Engagement Day for families
- Self-selection

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Key Learning - Identification

- VCSE partnership crucial to success – trust, knowledge
- Prevention, not just current need
- PHBs as part of Local Offer
- Case Studies
- Ambassadors

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Person Centered Planning

- Lengthy process!
- Self-selection by families initially – from 5 to 3
- Gathering all parties together for planning days
- Ensuring young person is at centre
- Ensuring family understand

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Learning - PCP

- Takes longer than expected!
- Dedicated post essential
- Complex process as working across professions
- Promote! Won't happen organically.
- Culture shift (for families and professionals)
- Frustration of families

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Result

- 5 families with PCPs
- Think outside the box!

Family A - Young woman age 23. Severe learning and communication difficulties. Curvature of the spine
Aim of PHB = Manage/reduce behaviour that challenges.
Reduce GP contact and use of other services
Support planning completed – PHB in place,
Sensory lamp equipment & Inflatable hot tub purchased

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Result – further support

- 2 families requiring support to think outside the box and ensure young person's voice is central
- Volunteering Matters engagement – advocacy

Family B - Young girl age 14. Severe learning disabilities. Global development delays. Renal transplant. PHB Aims = Weight loss to improve health. Support planning completed. Work with family regarding best way to access exercise;

Family E - Young boy age 15. Duchenne muscular dystrophy. PHB Aim = Improve independence. הצעה



Top Tips

**Treat the process as a project – then make it
'business as usual'**

Plan implementation from a people point of view

Workforce Development – cultural shift

Don't underestimate time it takes to do properly

**Take risks – be creative about solutions for young
people**

**About the bigger picture, NOT about getting a
service**

VCSE central to process – trust, knowledge

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